

# Video Prediction Policy: A Generalist Robot Policy with Predictive Visual Representations

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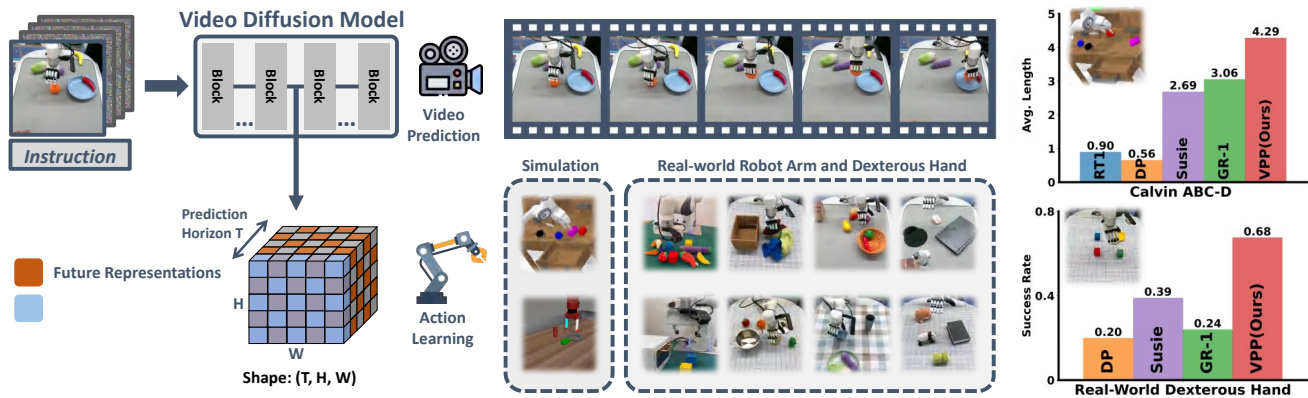


Figure 1. We observe that the visual representations within the video diffusion model explicitly capture both current and predicted future information. Our Video Prediction Policy, built on these representations, achieves consistent improvements across four benchmarks.

## Abstract

001 Recent advancements in robotics have focused on de-  
 002 veloping generalist policies capable of performing multi-  
 003 ple tasks. Typically, these policies utilize pre-trained vi-  
 004 sion encoders to capture crucial information from current  
 005 observations. However, previous vision encoders, which  
 006 trained on two-image contrastive learning or single-image  
 007 reconstruction, can not perfectly capture the sequential in-  
 008 formation essential for embodied tasks. Recently, video  
 009 diffusion models (VDMs) have demonstrated the capabil-  
 010 ity to accurately predict future image sequences, exhibiting  
 011 a good understanding of physical dynamics. Motivated by  
 012 the strong visual prediction capabilities of VDMs, we hy-  
 013 pothesize that they inherently possess visual representations  
 014 that reflect the evolution of the physical world, which we  
 015 term predictive visual representations. Building on this hy-  
 016 pothesis, we propose the Video Prediction Policy (VPP), a  
 017 generalist robotic policy conditioned on the predictive vi-  
 018 sual representations from VDMs. To further enhance these  
 019 representations, we incorporate diverse human or robotic  
 020 manipulation datasets, employing unified video-generation  
 021 training objectives. VPP consistently outperforms existing  
 022 methods across two simulated and two real-world bench-  
 023 marks. Notably, it achieves a 28.1% relative improvement

in the Calvin ABC-D benchmark compared to the previous  
 state-of-the-art and delivers a 28.8% increase in success  
 rates for complex real-world dexterous manipulation tasks.

## 1. Introduction

Building generalist robot policies capable of solving multiple tasks is an active area of research [8, 36]. Two essential components for constructing such generalist policies are action networks and vision encoders. One line of research focused on developing more advanced action networks, such as employing visual-language pre-trained models [7, 8, 28, 31, 58], training from scratch on diverse robotic datasets [49], incorporating auto-regressive [8] or diffusion architectures [16], and scaling up action networks [33]. Another line of work focuses on learning more effective visual representations [29, 41] for embodied tasks from ego-centric video datasets [20, 21] via contrastive learning [45] or image reconstruction [24].

In this paper, we focus on the visual representation learning. We observe that previous vision encoders, which are pre-trained using contrastive learning between two frames or single-frame reconstruction, fail to adequately capture the physical dynamics inherent in sequential video datasets. Recently, powerful video diffusion models (VDMs) [6, 10,

26, 27, 56], trained with direct video generation objectives on much larger datasets, have demonstrated the ability to generate continuous image sequences and exhibit a strong understanding of the physical world. Inspired by the strong prediction capabilities of VDMs, we hypothesize that they can better capture the physical dynamics within video datasets and inherently contain valuable visual representations that reflect the dynamics and evolution of objects. Moreover, we observe that the visual representations within VDMs are structured with shape  $(T, H, W)$ , explicitly representing 1 current step and  $(T - 1)$  predicted future steps, where  $H$  and  $W$  correspond to the height and width of single image representation. In contrast, previous vision encoders do not explicitly capture future representations. A comparison is visualized in Figure 2. Based on this distinction, we refer to these latent variables within the video diffusion model as “predictive visual representations”. In the experiment part, we also visualize these predictive representations and find they contain valuable temporal information that reflects the evolution of the physical world.

Our key insight is that these predictive visual representations are highly informative for downstream action learning, as they capture the movement of objects, including the robot itself. Moreover, the ability to predict can be learned from both internet-scale video datasets and various robotic datasets using a consistent video generation loss, enabling us to transfer physical knowledge from large-scale internet datasets to specific robotic systems.

Building on this insight, we introduce the **Video Prediction Policy (VPP)**, which employs a two-stage learning process: First, we finetune a text-guided video prediction (TVP) model [14, 22] from pre-trained video diffusion model [6] using various manipulation datasets, including ego-centric human manipulation [20], open-source robotic datasets [42], and self-collected robot data. This training aims to obtain a controllable video generation model that enhances prediction capabilities in the manipulation domain. Second, we develop a multi-task generalist robot policy conditioned on the predictive representations within the TVP model. Given that the predictive representations in the TVP model remain high-dimensional, with the shape  $(T, H, W)$ , we employ a video former to distill essential information across spatial and temporal dimensions, followed by a widely used diffusion policy [16] to output actions.

In experiments, our Video Prediction Policy (VPP) consistently outperform other baseline algorithms across two simulated [39, 57] and two real-world settings, demonstrating the effectiveness of our approach. Notably, the VPP achieves a 28.1% improvement in the Calvin ABC→D benchmark [39] compared to the previous SOTA method [30]. Additionally, VPP shows a 28.8% improvement in success rate over the strongest baseline, Susie [5], in complex real-world scenarios involving dexterous hand manip-

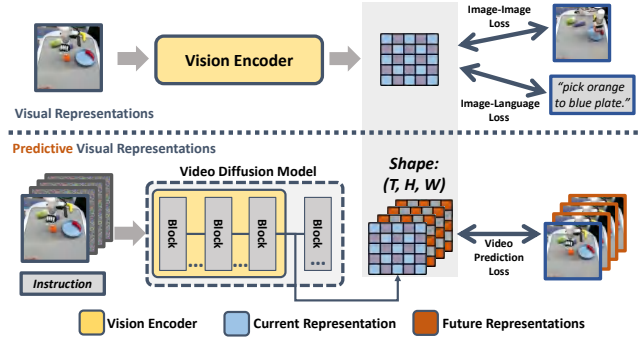


Figure 2. We use the video diffusion model as a vision encoder to obtain the predictive representations that explicitly express both current and sequential future frames. Previous vision encoders did not have explicit future representations.

ulation. Our contributions can be summarized as follows: 100

1. To the best of our knowledge, we are the first to leverage the visual representations inside video diffusion models. We find that these representations explicitly express predicted future frames, which we refer to as “predictive visual representations”. 101-105
2. We introduce a novel generalist robotic policy, the Video Prediction Policy, by fine-tuning a TVP model in the manipulation domain and then learning actions conditioned on predictive visual presentations in the TVP model. 106-109
3. We demonstrate the superior performance of our approach in both simulated and real-world environments, highlighting its versatility. 110-112

## 2. Related Works 113

**Visual Representation Learning for Robotics.** Self-supervised learning (SSL) techniques, such as contrastive [13, 15], distillation-based [2, 11], and reconstructive [3, 24], have achieved significant advancements in visual representation learning. Prior research has shown that these SSL techniques enable vision encoders to produce effective representations for embodied AI tasks [12, 43, 46, 54, 55], capturing both high-level semantic and low-level spatial information. Notably, methods like R3M [41], vip [37], VC-1 [38], and Voltron [29] have specifically focused on embodied tasks by innovating pre-training approaches on human manipulation video datasets [20, 21]. However, regardless of the training objective, the learned vision encoders primarily focus on extracting pertinent information from current observations without explicitly predicting future states. In contrast, our Video Prediction Policy leverages predictive representations within video prediction models to explicitly encapsulate both current and predicted future frames. 114-133

**Future Prediction for Embodied Control Tasks.** Existing research also explores the use of future prediction to en- 134-135

hance policy learning [4, 5, 18, 51]. For example, SuSIE [5] conditions its control policy on a predicted future keyframe generated by InstructPix2Pix [9], while UniPi [18] learns the inverse dynamics between two generated frames. These methods typically rely on a single future prediction step to determine actions, which may not accurately capture the complexities of physical dynamics. Additionally, they often operate in raw pixel space, which contains much irrelevant information. GR-1 [51] generates subsequent frames and actions in an autoregressive manner. However, it only generates one image per forward pass, and its prediction quality lags behind that of diffusion-based methods. Furthermore, GR-1 does not leverage pre-trained video foundation models. In contrast, VPP leverages an intermediate representation fine-tuned from a pre-trained video diffusion model, which captures continuous future trajectories to more effectively inform policy learning.

**Visual Representation inside Diffusion Models.** Diffusion models have achieved remarkable success in the image and video generation tasks [6, 48]. Typically trained as denoisers, diffusion models predict original images from noisy inputs [25]. Research has shown that **image diffusion models** can also function effectively as vision encoders [23, 34, 53], generating meaningful visual representations. These representations have been proven to be linear-separable for discrimination tasks [53], invaluable for semantic segmentation [34], and versatile for embodied tasks [23]. However, the capabilities of representations within **video diffusion models** have not been extensively explored. Our findings suggest that variables within VDMs have a unique predictive property not present in other visual representations, making them especially useful for sequential embodied control tasks.

### 3. Preliminaries

**Video Diffusion Models.** The core idea of diffusion models is to continuously add Gaussian noise to make video sequences a Gaussian and leverage the denoising process for generating videos. Let  $x_0$  represent a real video sample, the forward process aims to add Gaussian noise and result in a set of noisy data, i.e.,  $q(x_t|x_{t-1}) = \mathcal{N}(x_t; \sqrt{\alpha_t}x_{t-1}, (1 - \alpha_t)\mathbb{I})$ , where  $x_t$  and  $\alpha_t$  indicate the noisy data and noise amplitude at the timestep  $t$ . Let  $\bar{\alpha}_t = \prod_{i=1}^t \alpha_i$ , the above process can be simplified as:

$$x_t = \sqrt{\alpha_t}x_0 + \sqrt{1 - \bar{\alpha}_t}\epsilon_t. \quad (1)$$

The reverse process starts from the most noisy sample  $x_T$  can be described in a variational approximation of the probabilities  $q(x_{t-1}|x_t)$ , as follows:

$$p(x_{t-1}|x_t) = \mathcal{N}(x_{t-1}; \sqrt{\bar{\alpha}_{t-1}}\mu_\theta(x_t, t), (1 - \bar{\alpha}_{t-1})\mathbb{I}). \quad (2)$$

where  $\mu_\theta(x_t, t) = (x_t - \sqrt{1 - \bar{\alpha}_t}\epsilon_\theta(x_t, t))/\sqrt{\bar{\alpha}_t}$  is a learnable neural network to estimate  $x_{t-1}$ . Further, in text-guided video generation, the denoising process learns the noise estimator  $\epsilon_\theta(x_t, c)$  to approximate the score function  $\sqrt{1 - \bar{\alpha}_t}\nabla_{x_t} \log p_\psi(x_t|c)$ , controlling the video generation based on the initial frame and language prompt.

**Diffusion Policy.** The diffusion model has also proven effective in action learning, known as diffusion policy [16]. The diffusion policy aims to denoise the action sequence  $a_i = (\hat{a}_i, \hat{a}_{i+1}, \dots, \hat{a}_{i+m})$  based on observations  $s_i$  and instruction. Chi et al. [16] point out that diffusion policy is capable of expressing complex multimodal action distributions and stabilizing training. Recent work [47] further enhances the diffusion policy by incorporating the advanced diffusion transformer (DiT) block [44], a technique we also adopt in the Video Prediction Policy to improve performance.

## 4. Video Prediction Policy

In this section, we describe the two-stage learning process of the Video Prediction Policy, shown in Figure 3. Initially, we train the Text-guided Video Prediction (TVP) model across diverse manipulation datasets to harness physical knowledge from internet data; subsequently, we design networks to aggregate predictive visual representations inside the TVP model and output final robot actions.

### 4.1. Text-guided Video Prediction (TVP) Model for Robot Manipulation.

Recent advancements have focused on training general video generation models using extensive online video datasets, which encode abundant prior knowledge about the physical world’s dynamics. However, we notice that these models are not fully controllable and fail to yield optimal results in specialized domains such as robot manipulation. To address this, we fine-tune the general video generation model into a specialized “Manipulation TVP Model” to enhance prediction accuracy.

We chose the open-sourced Stable Video Diffusion (SVD) model [6] with 1.5 billion parameters as our foundation. We observe that the open-sourced SVD model conditions only on initial-frame images  $s_0$  without incorporating language instructions  $l$ . We augment the model to incorporate CLIP [45] language features  $l_{emb}$  using cross-attention layers. Furthermore, we adjust the output video resolution to  $16 \times 256 \times 256$  to optimize training and inference efficiency. Despite these modifications, we preserve the other components of the original pre-trained SVD framework to retain its core capabilities. We denote this modified version as  $V_\theta$ . In this setup, the initial observation  $s_0$  is concatenated channel-wise with each predicted frame as a condition. Then model  $V_\theta$  is trained with diffusion objective, re-

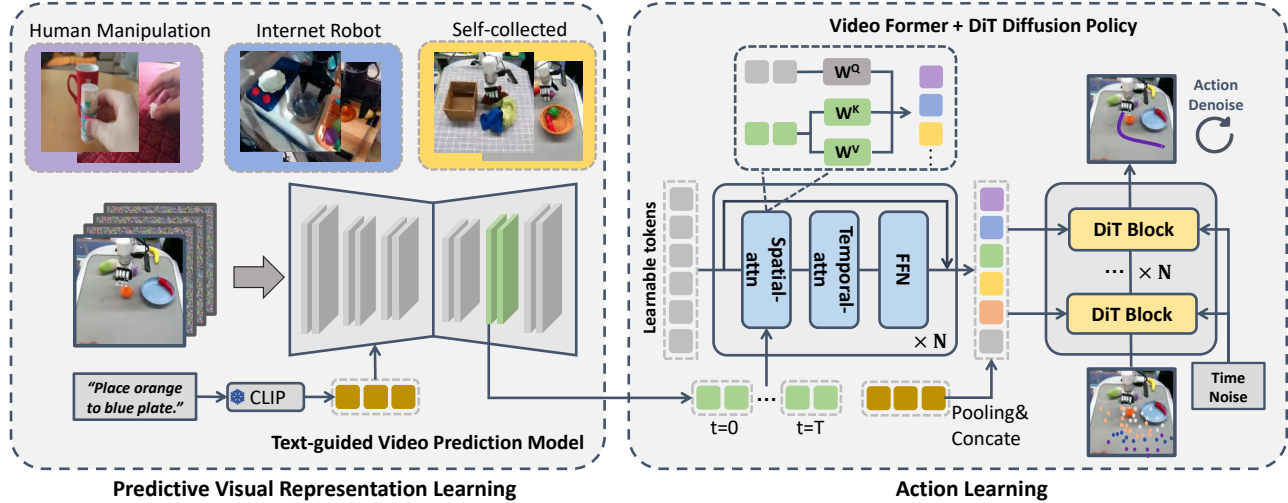


Figure 3. Video Prediction Policy first trains a text-guided video prediction (TVP) model for manipulation domain, starting from pre-trained video foundation model. Subsequently, it learns actions based on the predictive representations internal to the TVP model.

236 constructing the full video sequence  $x_0 = s_{0:T}$  in dataset  $D$   
 237 from noised samples  $x_t = \sqrt{\bar{\alpha}_t}x_0 + \sqrt{1 - \bar{\alpha}_t}\epsilon$ :

$$238 \quad \mathcal{L}_D = \mathbb{E}_{x_0 \sim D, \epsilon, t} \|V_\theta(x_t, l_{emb}, s_0) - x_0\|^2 \quad (3)$$

239 The video prediction objective offers a unified interface  
 240 that directly generates future visual sequences, enabling the  
 241 TVP model to harness physical knowledge from diverse  
 242 datasets. These include internet-based human manipulation  
 243 datasets  $D_H$ , publicly available robot manipulation data  
 244  $D_R$ , and also self-collected datasets  $D_C$ . Given the vary-  
 245 ing quality and scale of these datasets, we introduce spe-  
 246 cific coefficients  $\lambda$  to appropriately balance the influence of  
 247 different dataset types:

$$248 \quad \mathcal{L}_{video} = \lambda_H \mathcal{L}_{D_H} + \lambda_R \mathcal{L}_{D_R} + \lambda_C \mathcal{L}_{D_C} \quad (4)$$

249 Then we froze the fine-tuned manipulation TVP models in  
 250 downstream action learning.

## 251 4.2. Action Learning Conditioned on Predictive Vi- 252 sual Representation

253 **TVP Model as Vision Encoder.** After training the TVP  
 254 model specifically for manipulation tasks, it can accurately  
 255 predict future sequences based on image observations and  
 256 instructions. However, denoising an entire video sequence  
 257 is highly time-consuming and may lead to open-loop control  
 258 issues, as discussed in [18]. Moreover, videos in their  
 259 original pixel format often contain excessive, irrelevant in-  
 260 formation that can interfere with effective decision-making.

261 To address these concerns, we employ the video diffu-  
 262 sion model primarily as a “vision encoder” rather than a  
 263 “denoiser” by performing only a single forward step. Our  
 264 insight is that the first forward step, while not yielding a

265 clear video, still provides a rough trajectory of future states  
 266 and valuable guidance. This insight is verified in our ex-  
 267 periment section and shown in Fig 5. Specifically, we con-  
 268 catenate the current image  $s_0$  with the final noised latent  
 269  $q(x_t|x_0)$  (typically white noise) and input this combina-  
 270 tion into the TVP model. We then directly utilize the latent  
 271 features  $F_m \in \mathbb{R}^{T \times W \times H \times C}$  in  $m^{th}$  layer of the video dif-  
 272 fusion model  $V_\theta$ :

$$273 \quad F_m = V_\theta(x_t, l_{emb}, s_0)_{(m)} \quad (5)$$

274 For a robot with multiple camera views, such as a third-  
 275 view and a wristed camera, we predict the future for each  
 276 view independently, denoted as  $F_m^{static}$ ,  $F_m^{wrist}$ .

277 **Video Former.** These predictive representations within the  
 278 video diffusion model are still high-dimensional, as they ex-  
 279 press a sequence of image features. To efficiently aggregate  
 280 representations across spatial, temporal, and multi-view di-  
 281 mensions, we use a Video Former to consolidate this in-  
 282 formation into a fixed number of tokens. The Video For-  
 283 mer initializes  $T \times L$  learnable tokens  $Q_{[0:T, 0:L]}$ , perform-  
 284 ing spatial-temporal attention on each corresponding frame  
 285 in the predictive representations, followed by feed-forward  
 286 layers. Formally, this branch can be expressed as follows  
 287 where  $i$  is the index of frame:  
 288

$$289 \quad Q' = \{\text{Spat-Attn}(Q[i], (F_m^{static}[i], F_m^{wrist}[i]))\}_{i=0}^T \quad (6)$$

$$Q'' = \text{FFN}(\text{Temp-Attn}(Q')).$$

290 **Action Generation.** After the Video-Former aggregates the  
 291 Predictive feature into learnable tokens  $Q''$ , a diffusion pol-  
 292 icy is employed as the action head to generate the action  
 293 sequence  $a_0 \in A$  based on  $Q''$ . We integrate the aggre-



gated presentation  $Q''$  into diffusion transformer blocks using cross-attention layers. The diffusion policy aims to reconstruct the original actions  $a_0$  from noised action  $a_k = \sqrt{\beta_k}a_0 + \sqrt{1 - \beta_k}\epsilon$ , where  $\epsilon$  represents white noise, and  $\beta_k$  is the noisy coefficient at step  $k$ . This step can be interpreted as learning a denoiser  $D_\psi$  to approximate the noise  $\epsilon$  and minimize the following loss function:

$$\mathcal{L}_{\text{diff}}(\psi; A) = \mathbb{E}_{a_0, \epsilon, k} \|D_\psi(a_k, l_{\text{emb}}, Q'') - a_0\|^2 \quad (7)$$

In real-world dexterous hand manipulation tasks, where  $a = \{a^{xyz} \in R^3, a^{rot} \in R^3, a^{finger} \in R^{12}\}$ , we use coefficients to balance the loss contributions from end-effector movement, rotational actions, and finger movements. Therefore, the optimization loss function for the diffusion policy can be written as:

$$\begin{aligned} \mathcal{L}_{\text{policy}}(\psi; A) = & \omega_{xyz} \mathcal{L}_{\text{diff}}(\psi; a^{xyz}) + \omega_{rot} \mathcal{L}_{\text{diff}}(\psi; a^{rot}) \\ & + \omega_{finger} \mathcal{L}_{\text{diff}}(\psi; a^{finger}) \end{aligned} \quad (8)$$

## 5. Experiments

In this section, we conduct extensive experiments on both simulated and real-world robotic tasks to evaluate the performance of the video prediction policy (VPP). The simulated environments include the CALVIN benchmark [39] and MetaWorld benchmark [57], while the real-world tasks encompass Panda arm manipulation and XHand dexterous hand manipulation. Our aim to answer the following questions:

1. Can VPP achieve a higher success rate in manipulation tasks with predictive visual representations?
2. How do the video pre-training and internet manipulation datasets enhance the performance of VPP?
3. How does predictive representation compare to previous visual representations?
4. Which layer of the video diffusion model provides the most effective predictive visual representations?

### 5.1. Simulated Benchmarks Experiments

**Environmental Setups.** We consider the CALVIN [39] and MetaWorld [57] simulated environments. CALVIN is a challenging benchmark focused on evaluating the instruction-following capability of robotic policies for long-horizon manipulations. As depicted on the left side of Figure 4, it encompasses four environments, denoted ABCD. We utilize the most challenging ABC→D setting, where robots are trained with standard datasets collected from environments ABC and tested in the unseen environment D. MetaWorld features a Sawyer robot performing various manipulation tasks and is widely used to evaluate the precision and dexterity of robotic policies. As shown on the right of

Figure 4, it includes 50 tasks with a rich array of operating objects at different levels of difficulty [46]. We collected 50 trajectories for each task using the official Oracle policy as our training dataset.

**Baselines.** We mainly consider two types of baselines, methods with direct action learning and methods related to future prediction:

- RT-1 [7]. A direct action learning robot policy that integrates semantic information using Efficient-Net with FiLM-conditioning, followed by token learners for action learning.
- Diffusion Policy [16]. A direct action learning policy with novel action diffusers.
- Robo-Flamingo [32]. A direct action learning policy that leverages a pre-trained LLM, incorporating visual information into each layer in a flamingo style [1].
- Uni-Pi [18]. Begins by learning a video prediction model to generate future sequences and then learns an inverse kinematics model between two frames to determine actions.
- MDT [47]. Learns a diffusion transformer policy along with an auxiliary mae loss to reconstruct one masked future frame.
- Susie [5]. Uses a fine-tuned InstructPix2Pix [9] model to generate a goal image and learns a downstream diffusion policy conditioned on the goal image.
- GR-1 [51]. Learns video and action sequences jointly using an auto-regressive transformer. During policy execution, GR-1 outputs one future frame followed by one action.

Additionally, we include the 3D Diffuser Actor [30] baseline on the Calvin benchmark, as it is the previous state-of-the-art method on this benchmark, although it additionally uses depth image with camera pose unlike other methods.

**Video Prediction Policy Training Details.** We first train a controllable text-guided video prediction model for the manipulation domain on various datasets as described in Figure 3. Our experiments include 193,690 human manipulation trajectories from the Something-Something-V2 datasets [20] and 179,074 high-quality trajectories from internet robotic manipulation datasets [7, 17, 19, 28, 40, 42]. This stage also includes downstream task datasets, such as the official Calvin ABC dataset and Metaworld dataset, and self-collected datasets on real-world robots. Given the varying scales and quality of different robot datasets, we apply varying sampling probabilities similar to the approach used in [49]. Detailed dataset scales and sample ratios are available in the Appendix 2. The video model training process takes two days on eight NVIDIA A100 GPUs. Subsequent action learning for each robot takes approximately 6-12 hours on four NVIDIA A100 GPUs.

Category	Method	Annotated Data	Tasks completed in a row					Avg. Len $\uparrow$
			1	2	3	4	5	
Direct Action Learning Method	RT-1 [7]	100%ABC	0.533	0.222	0.094	0.038	0.013	0.90
	Diffusion Policy [16]	100%ABC	0.402	0.123	0.026	0.008	0.00	0.56
	Robo-Flamingo [32]	100%ABC	0.824	0.619	0.466	0.331	0.235	2.47
Future Prediction Related Method	Uni-Pi [18]	100%ABC	0.560	0.160	0.080	0.080	0.040	0.92
	MDT [47]	100%ABC	0.631	0.429	0.247	0.151	0.091	1.55
	Susie [5]	100%ABC	0.870	0.690	0.490	0.380	0.260	2.69
	GR-1 [51]	100%ABC	0.854	0.712	0.596	0.497	0.401	3.06
3D Method	3D Diffuser Actor [30]	100%ABC	0.938	0.803	0.662	0.533	0.412	3.35
Ours	<b>VPP (ours)</b>	100%ABC	<b>0.957</b>	<b>0.912</b>	<b>0.863</b>	<b>0.810</b>	<b>0.750</b>	<b>4.29</b>
Data Efficiency	MDT [47]	10%ABC	0.408	0.131	0.034	0.008	0.001	0.58
	GR-1 [51]	10%ABC	0.672	0.371	0.198	0.108	0.069	1.41
	<b>VPP (ours)</b>	10%ABC	<b>0.878</b>	<b>0.746</b>	<b>0.632</b>	<b>0.540</b>	<b>0.453</b>	<b>3.25</b>

Table 1. Zero-shot long-horizon evaluation on the Calvin ABC $\rightarrow$ D benchmark where agent is asked to complete five chained tasks sequentially. The Video Prediction Policy demonstrates a significant improvement in the average task completion length.



Figure 4. CALVIN and Metaworld benchmarks.

Task Level (Numbers)	Easy (28 tasks)	Middle (11 tasks)	Hard (11 tasks)	Average $\uparrow$ (50 tasks)
RT-1	0.605	0.042	0.015	0.346
Diffusion Policy	0.442	0.062	0.095	0.279
Susie	0.560	0.196	0.255	0.410
GR-1	0.725	0.327	0.451	0.574
<b>VPP (ours)</b>	<b>0.818</b>	<b>0.493</b>	<b>0.526</b>	<b>0.682</b>

Table 2. Success rate on 50 Metworld tasks which require precise control.

**Video Prediction Policy Execution Details.** To enhance the control frequency of robots, we assign most of the parameters to the video former part, which has approximately 300M parameters, while the diffusion policy head contains only 20M parameters. The policy execution involves running the video diffusion model and video former for one forward step, and the lightweight diffusion transformer policy denoises the action for 10 steps conditioned on learnable tokens. This design allows us to run the entire video prediction policy process at 7-10 Hz on a local machine equipped with an NVIDIA RTX-4090 GPU. Following the original diffusion policy paper [16], we also output 6~10 action steps in one VPP forward step, further improving control frequency.

**Quantitative Results.** The comparisons on the Calvin benchmark are shown in Table 1. Results for Robo-Flamingo, Susie, GR-1, and 3D Diffuser Actors are recorded from their original papers. The MDT result is run on official implementation. The RT-1 result is sourced from [32] and the Uni-Pi result from [5]. We also ran the Diffusion Policy based on the official open-source codebase with CLIP language conditions. Our proposed Video Prediction Policy significantly improved the previous state-of-the-art result from an average task completion length of 3.35 to 4.29 without using any point cloud or depth input. Even

with only 10% of the annotated Calvin ABC data used for training, our method still achieved a length of 3.25, which exceeds the results of related methods using full data. Furthermore, the Video Prediction Policy also achieved the best performance in the MetaWorld benchmark with 50 tasks, outperforming the strongest GR-1 baseline by 10.8% in average success rate.

## 5.2. Analysis of Predictive Visual Representations

Our video prediction policy has achieved significant improvements in simulated experiments with predictive representations. In this part, we conduct various experiments to verify the effectiveness of these predictive representations.

**Visualizations of Predictive Representations.** Since we use the video prediction model as a vision encoder and perform a single forward pass to obtain predictive representations, we are curious about the quality of these representations. In Figure 5, we visualize the ground truth future, single-step predictions, and 30-step denoised predictions. Although the single-step prediction does not capture every detail with perfect accuracy, it still conveys valuable information related to robotic manipulation, such as the movement of objects and the robot arm, which effectively supports downstream action learning.

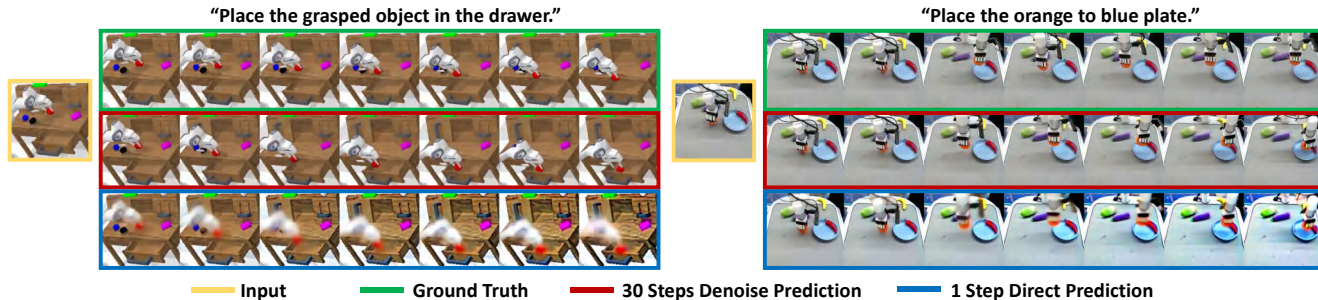


Figure 5. Visualization of the ground-truth video, the complete denoised video, and one-step forward video predictions. Although the textures and details are not precise in the one-step forward videos, they still provide valuable information on physical evolution.

Bridge	VideoFusion	Tune-A-Video	Seer	VPP
FVD↓	501.2	515.7	246.3	<b>41.4</b>

Table 3. Quantitative evaluation of prediction quality on bridge datasets. The results of VideoFusion [35], Tune-A-Video [52], Seer [22] are copied from [22].

Encoder	Pre-training Type	Avg. Length ↑
Video Prediction Diffusion Model	Video Generation	<b>4.29</b>
Stable-VAE	VAE Reconstruction	2.58
VC-1	MAE Reconstruction	1.23
Voltron	MAE Reconstruction+ Language Generation	1.54

Table 4. Ablation study on different visual representations.

Ablation Type	Average Length ↑
VPP	<b>4.29</b>
VPP w/o Internet data	3.97
VPP w/o Internet data w/o SVD Pretrain	1.63

Table 5. Ablation study on video pre-training and internet manipulation datasets.

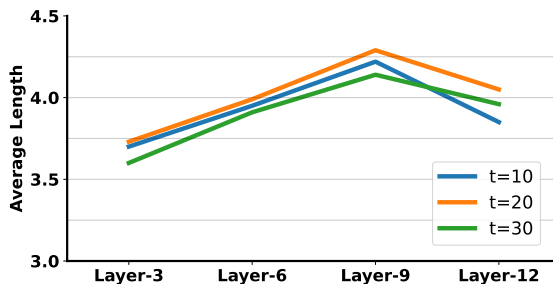


Figure 6. Influences of layer positions and initial noise scales.

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**Prediction Quality of Manipulation TVP Model.** Additionally, we evaluate the quantitative FVD metric [50] on the bridge datasets [19] with complete 30 steps denoising as in [22]. The results are shown in Table 3. Surprisingly, our model easily outperforms the previous TVP model. We attribute this improvement to our use of the pre-trained video foundation model SVD [6], which the earlier TVP model did not leverage, giving us a significant advantage.

**Comparisons with Other Visual Representations.** To assess our predictive visual representations, we replaced them with alternative visual representations while maintaining other components of the Video Prediction Policy (VPP) unchanged. We considered visual representations pre-trained for different purposes: (1) Stable-VAE [6] pre-trained with VAE image reconstruction loss; (2) VC-1 [38] pre-trained with masked autoencoder loss, tailored for embodied tasks. According to the original study, we finetuned VC-1 on the Calvin datasets using MAE loss to better adapt to the new domain; (3) Voltron [29] pretrained with both MAE reconstruction and language generation tasks. The results, presented in Table 4, indicate that replacing our predictive visual representations leads to a clear decline in performance.

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**Effectiveness of Video Pre-training and Internet Manipulation Datasets.** A significant advantage of the VPP is its ability to leverage the physical knowledge encoded in pre-trained video generation models and Internet manipulation datasets. We conducted experiments to verify the effectiveness of these two components. As shown in Table 5, removing the co-trained Internet manipulation data resulted in a performance decrease from 4.29 to 3.97. Further removing the pre-trained SVD model and training the video prediction model on the Calvin data from scratch led to a substantial performance decline.

**Influence of Layer Position and Initial Noise Scales.** We are also interested in how different layers of representation and initial white noise scales influence the predictive representations. We experimented with representations from different upsample layers and various initial white noise by altering the total diffusion time-step  $t$ , following [53]. The results are shown in Figure 6. Our findings suggest that the





Figure 7. Two real-world hardware platforms and visualizations of sampled tasks. In the Panda arm platform, our experiments include 30+ tasks of 6 categories. In the Xhand dexterous platform, our experiments include 100+ tasks of 10 categories.

485 most effective predictive representations are located in the  
486 middle of the upsample blocks rather than the final predic-  
487 tion pixels. Additionally, the quality of representation is not  
488 sensitive to initial noise scales.

### 489 5.3. Real World Experiments

490 We further verified the Video Prediction Policy on two real-  
491 world hardware platforms:

- 492 • **Franka Panda Robot Arm.** On the Franka panda plat-  
493 form, we collected 2k trajectories for over 30+ tasks of  
494 6 categories including picking, placing, pressing, routing,  
495 opening, and closing.
- 496 • **Xarm with 12-degree Xhand Dexterous Hand.** On the  
497 dexterous hand platform, we collected 2.5k trajectories  
498 over 100+ tasks of 10 categories, including picking, plac-  
499 ing, cup-upright, relocating, stacking, passing, pressing,  
500 unplugging, opening, and closing.

501 We employ the same text-guided video prediction (TVP)  
502 model as in our simulated experiments, trained on both in-  
503 ternet datasets and our self-collected real-world data. We  
504 train multi-task generalist policies for the Franka Panda and  
505 Xhand Dexterous hands, respectively, to solve all tasks in  
506 the domain. The hardware platform and visualizations of  
507 some selected tasks are shown in Figure 7.

508 **Quantitative Results.** Due to the complexity of deploy-  
509 ing methods on real-world hardware, we select the strongest  
510 baseline models—GR-1, Susie, and the widely-used diffu-  
511 sion policy—as our baselines. We categorize the tasks into  
512 “seen” and “unseen” to assess the model’s capabilities. The  
513 unseen tasks include new backgrounds and objects that do  
514

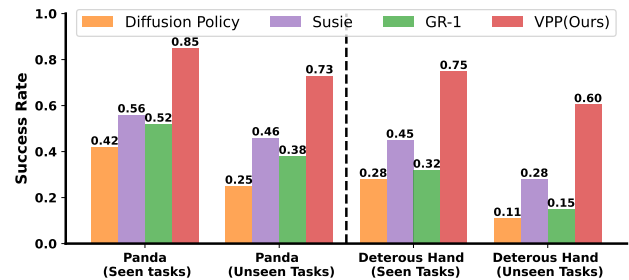


Figure 8. Evaluations on real-world seen/unseen tasks.

515 not appear in the dataset. For evaluation, we perform 200+  
516 rollouts for Panda arm manipulation tasks and 500+ rollouts  
517 for dexterous hand manipulation tasks. Due to space con-  
518 straints, we report only the average success rate in Figure  
519 8. Detailed success rates can be found in Appendix 1, and  
520 videos of the roll-out trajectories are available in the sup-  
521

## 522 6. Conclusion

523 We introduce Video Prediction Policy (VPP), a novel ap-  
524 proach for learning a generalist robot policy by leverag-  
525 ing predictive visual representations from a video prediction  
526 model. Our results show that the representations generated  
527 by video prediction models are highly valuable for robot  
528 policy learning, yielding consistent improvements across  
529 both simulated and real-world tasks. We aim to high-  
530 light the potential of video generation models in embodied  
531 tasks and underscore the importance of visual representa-  
532 tion learning in developing generalist robot policies.



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**References**

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# Video Prediction Policy: A Generalist Robot Policy with Predictive Visual Representations

## Supplementary Material

811 **For your convenience, a merged video of our rollouts**  
812 **is included in the supplementary zip file.**

### 813 1. Real-world experiments

#### 814 1.1. Panda Manipulation

815 On the Franka Panda platform, we gathered demonstrations  
816 by teleoperating the Panda robotic arm using a space mouse.  
817 we collected 2k trajectories for over 30+ tasks of 6 cate-  
818 gories including picking, placing, pressing, routing, open-  
819 ing, and closing. Detailed success rates for each task in  
820 seen and unseen settings are shown in Table 6.

Seen Tasks	Diffusion Policy	Susie	GR-1	VPP
Pick	0.36	0.56	0.52	0.90
Place	0.40	0.42	0.38	0.86
Press	0.65	0.90	0.80	0.85
Route	0.40	0.55	0.50	0.75
Drawer	0.45	0.60	0.60	0.85
Average	0.425	0.563	0.519	<b>0.856</b>
Unseen Tasks	Diffusion Policy	Susie	GR-1	VPP
Pick	0.24	0.40	0.32	0.80
Place	0.12	0.44	0.32	0.72
Press	0.50	0.60	0.60	0.80
Route	0.20	0.50	0.50	0.70
Drawer	0.40	0.50	0.40	0.60
Average	0.250	0.463	0.388	<b>0.737</b>

Table 6. Specific success rate at category level. In seen tasks, We evaluate pick and place tasks 50 times and other tasks 20 times respectively. In unseen tasks, we evaluate pick and place tasks 25 times and other tasks 10 times respectively



(a) Data collection with Space Mouse



(b) Data collection with Vision Pro

Figure 9. Data collection setups.

### 821 1.2. Dexterous Manipulation

822 To collect data for dexterous manipulation, we employ  
823 Vision-Pro to capture the finger joint movements of the hu-  
824 man hand, which are then retargeted to our 12-degree-of-  
825 freedom dexterous hand. This setup enables a human op-  
826 erator to directly control the dexterous hand during vari-  
827 ous manipulation tasks. We collected 2.5k trajectories over  
828 100+ tasks of 10 categories, including picking, placing,  
829 cup-upright, relocating, stacking, passing, pressing, unplug-  
830 ging, opening, and closing. A low-level PD controller is  
831 used to smooth the trajectories generated by VPP.

832 The detailed success rates for each task category in both  
833 seen and unseen settings are shown in Table 7.

Seen Tasks	Diffusion Policy	Susie	GR-1	VPP
Pick	0.38	0.61	0.48	0.83
Place	0.35	0.55	0.40	0.79
Cup-upright	0.00	0.00	0.00	0.64
Relocate	0.28	0.44	0.16	0.80
Stack	0.00	0.08	0.00	0.64
Pass	0.040	0.00	0.00	0.48
Press	0.68	0.96	0.64	0.96
Unplug	0.00	0.00	0.00	0.52
Drawer	0.40	0.64	0.48	0.72
Average	0.287	0.450	0.319	<b>0.749</b>
Unseen Tasks	Diffusion Policy	Susie	GR-1	VPP
Pick	0.12	0.42	0.26	0.75
Place	0.08	0.32	0.20	0.68
Cup-upright	0.00	0.00	0.00	0.40
Relocate	0.12	0.32	0.12	0.76
Stack	0.00	0.00	0.00	0.56
Pass	0.00	0.00	0.00	0.32
Press	0.44	0.76	0.40	0.88
Unplug	0.00	0.00	0.00	0.20
Drawer	0.28	0.44	0.24	0.56
Average	0.110	0.328	0.159	<b>0.605</b>

Table 7. Specific success rate at category level. In seen tasks, We evaluate pick and place tasks 100 times and other tasks 25 times respectively. In unseen tasks, we evaluate pick and place tasks 50 times and other tasks 20 times respectively

Method	Tasks completed in a row					Avg. Len $\uparrow$
	1	2	3	4	5	
VPP(Ours)	0.957	0.912	0.863	0.810	0.750	<b>4.29</b>
VPP(Single-view)	0.909	0.815	0.713	0.620	0.518	3.58
Ablation.1	0.949	0.900	0.839	0.780	0.714	4.18
Ablation.2	0.951	0.904	0.840	0.777	0.718	4.19

Table 8. More ablation studies.

## 834 2. Video Prediction Model

### 835 2.1. Datasets Sample Ratios

836 Given the varying quality and scale of these datasets, we  
837 have introduced different sample ratios to appropriately bal-  
838 ance the influence of different datasets, similar to [49]. De-  
839 tailed information is shown in Table 9.

### 840 2.2. More Visualization of Complete Prediction Re- 841 sults

842 We present additional visualizations of prediction results  
843 from our fine-tuned manipulation TVP model. Predictions  
844 on human manipulation datasets are displayed in Figure 10,  
845 and those on robotic manipulation datasets are illustrated  
846 in Figure 11. All trajectories are sampled from the valida-  
847 tion datasets and are predicted using the same manipulation  
848 TVP model. Each sample was denoised in 30 steps using  
849 classifier-free guidance set at 7.5, as described in [22]. Our  
850 TVP model predicts a horizon of 16, and we visualize 8  
851 frames at a skip step of 2 due to space constraints.

### 852 2.3. More Visualizations of Predictive Representa- 853 tions

854 We visualize the intermediate predictive representations  
855 through one-step direct predictions. Additional visualiza-  
856 tions can be found in Figure 12. As discussed in the experi-  
857 mental section, while the textures and details in the one-step  
858 forward videos are not precise, they still offer valuable in-  
859 sights into physical evolution. The movements of objects  
860 and robot arm itself already can be reflected in the visual-  
861 ized representations.

## 3. More Details for Experiments

### 3.1. Structure details

862 We provide the VPP architecture and hyperparameter set-  
863 ting details in four evaluate environments, as shown in Table  
864 10. The transformer block in TVP follows the setting in [6],  
865 and the rest of the hyperparameter in Diffusion Transformer  
866 follows the work [47].

### 3.2. More ablation

867 In this section, we present additional ablation experiments  
868 conducted under the ABC $\rightarrow$ D setting of CALVIN [39].

869 **Ablation 1** entails the removal of the Temporal-attn  
870 module from the Video Former while maintaining all other  
871 configurations same as VPP. The results, displayed in Ta-  
872 ble 8, demonstrate that the Temporal-attn module could en-  
873 hance the temporal comprehension capabilities of the Video  
874 Former.

875 **Ablation 2** introduces a 2-step denoising process in the  
876 TVP to derive the predictive visual representation. The out-  
877 comes are summarized in Table 8, revealing that the 2-step  
878 process did not yield superior performance. We hypothesize  
879 this is because a single denoising step suffices to generate  
880 an effective representation for trajectory prediction in our  
881 configuration. Additionally, the 2-step denoising process  
882 nearly doubles the inference time and reduces the control  
883 frequency by half. Due to these factors, we opted for a one-  
884 step direct encoder in our main experiments.

885 **Single-view Ablation** evaluate the Calvin ABC $\rightarrow$ D task  
886 using only a single observation viewpoint (static view) and  
887 find that the success rate for Task 5 reaches 3.58. This  
888 even surpasses the success rate achieved by the state-of-the-  
889 art 3D Diffuser Actor, which utilizes two viewpoints along  
890 with depth images.

### 3.3. Baseline Implementations

891 The baseline methods, including RT-1 [7], GR-1 [51], and  
892 Diffusion Policy [16], are implemented based on their of-  
893 ficial repositories. For comparison with Susie [5] in both  
894 the Metaworld and real-world manipulation scenarios, we  
895 adopt InstructPix2Pix [9] as the future frame predictor and  
896 use an image-goal Diffusion Policy [16] to generate the  
897 state sequence.

Dataset Type	Name	Trajectory Numbers	Sample Ratio
Internet Human Manipulation	Something-something-v2	191,642	0.30
	RT-1	87,212	0.15
	Bridge	23,377	0.15
Internet Robot Datasets	BC-Z	43,264	0.08
	Taco-Play	3,603	0.01
	Jaco-Play	1,085	0.01
	Calvin-ABC	18,033	0.10
	Metaworld	2,500	0.05
Self-Collected Datasets	Panda Arm	2,000	0.05
	Dexterous Hand	2,476	0.10
Total	-	375,192	1.00

Table 9. We outline the dataset scales and sample ratios used for training our manipulation text-guided video prediction model. Following [22], we **exclude** 5,558 bridge trajectories and 2,048 something-something-v2 trajectories during training, reserving them for validation. For all other datasets, 3% of the trajectories are excluded and used as validation datasets.

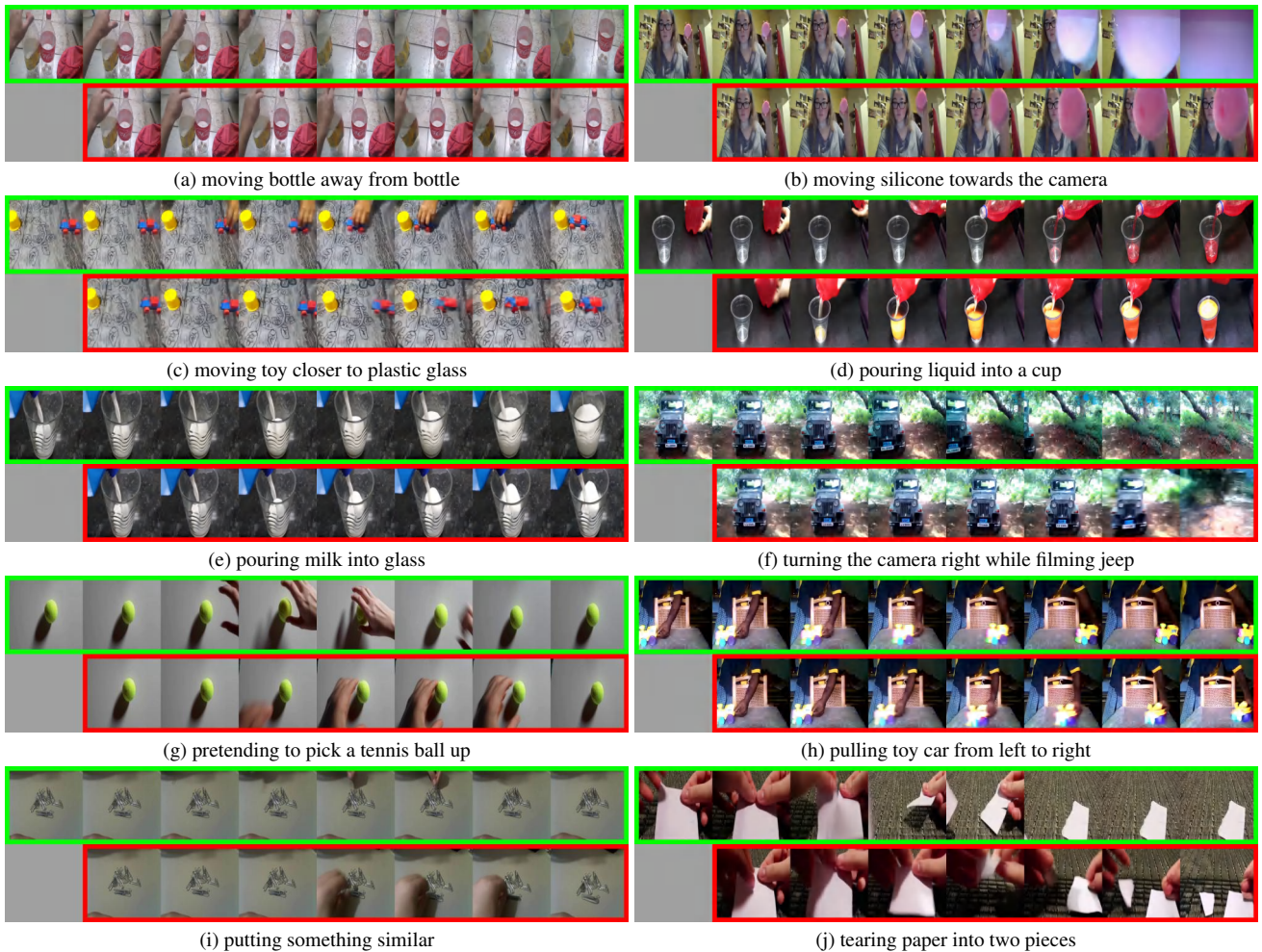


Figure 10. **Visualization of video prediction results on Internet human manipulation validation datasets with 30 steps de-noising.** The green frames indicate the ground truth while the red frames indicate the predicted futures. Zoom in for better comparisons.



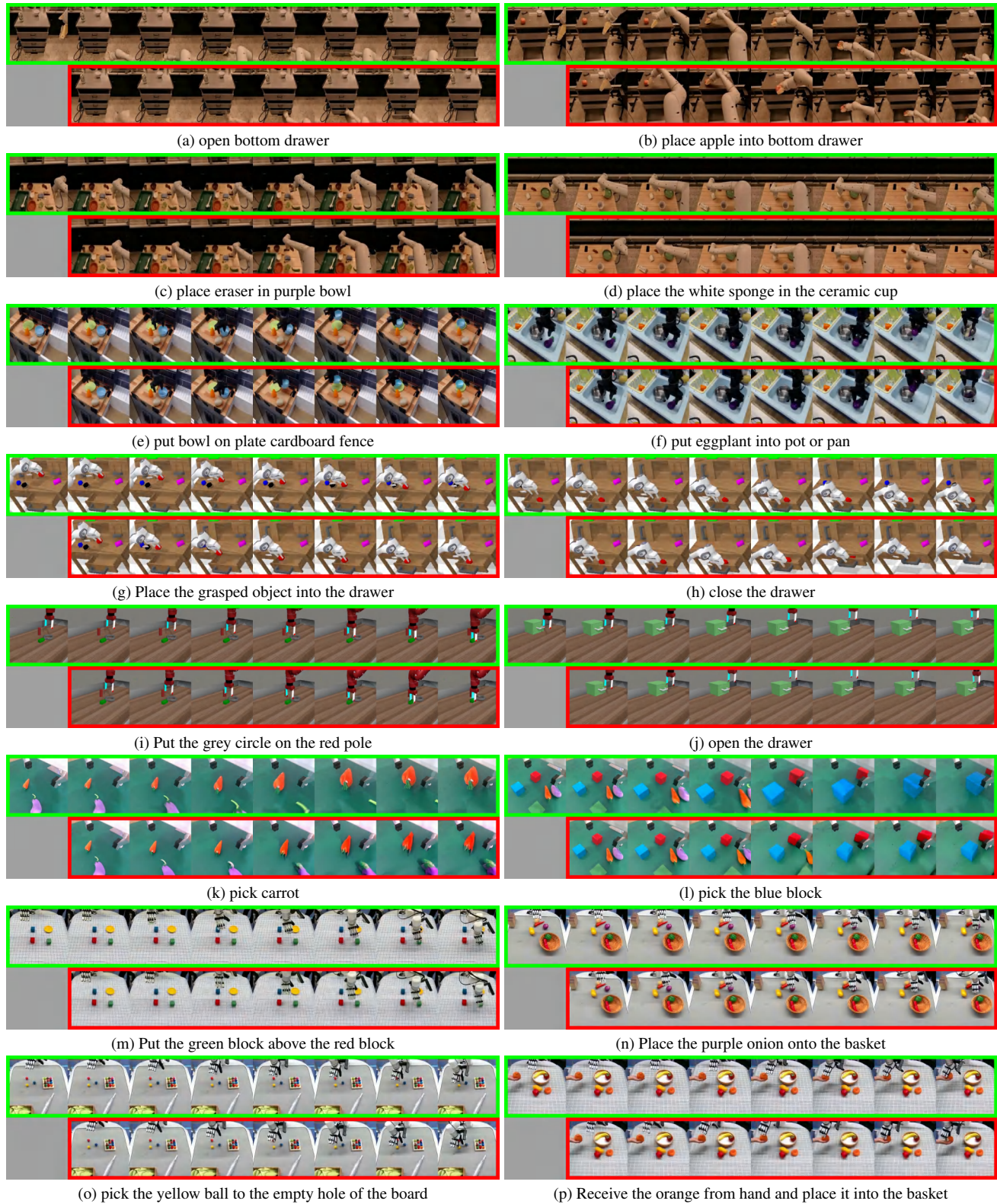


Figure 11. **Visualization of video prediction results on robotic datasets with 30 steps de-noising.** The green frames indicate the ground truth while the red frames indicate the predicted futures. (a)-(j) are sourced from internet robotic while (k)-(p) are from self-collected datasets. Zoom in for better comparisons.

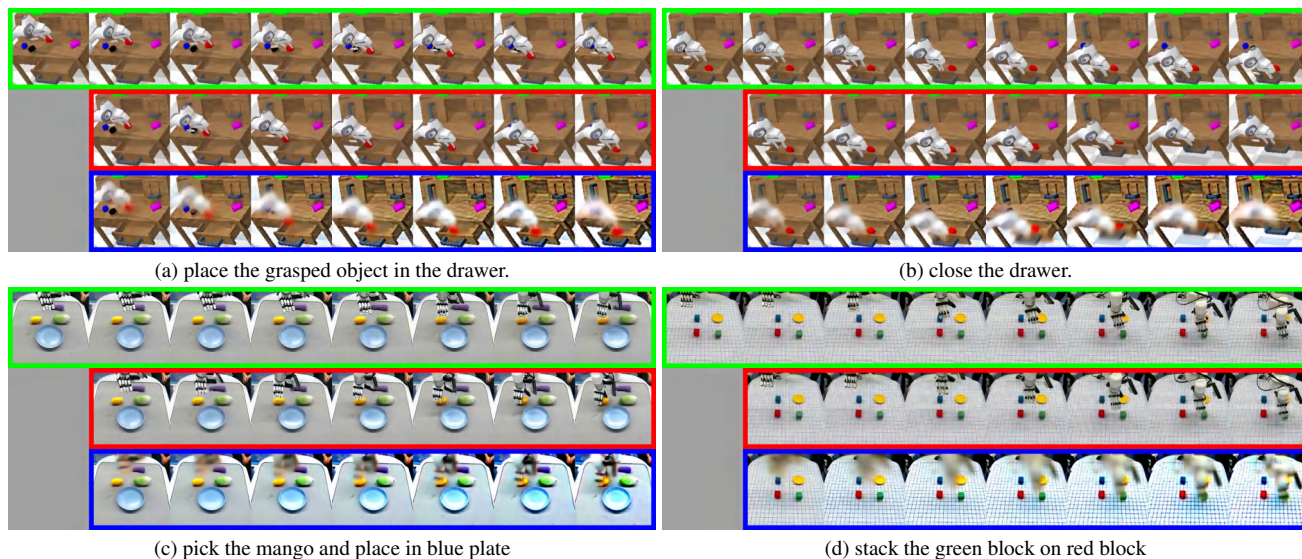


Figure 12. **Visualization of Predictive representations.** Green frames represent the ground truth, red frames correspond to the predicted future states, and blue frames illustrate the visualized predictive representations. Zoom in for better comparisons.

Type	Name	Calvin	Metaworld	Franka Panda	Xhand
Prediction	Video lens	16	8	16	16
	Action shape	10 * 7	4 * 4	10 * 7	10 * 18
TVP	Language shape	20 * 512	20 * 512	20 * 512	20 * 512
	Image shape	256 * 256	256 * 256	256 * 256	256 * 256
Video Former	Token shape	16 * 14 * 384	8 * 28 * 384	14 * 16 * 384	14 * 16 * 384
	Input dim	1280	1280	1280	1280
	Latent dim	512	512	512	512
	Num heads	8	8	8	8
	num Layers	6	6	6	6
Diffusion Transformer	Latent dim	384	384	384	384
	Condition shape	225 * 384	225 * 384	225 * 384	225 * 384
	Num heads	8	8	8	8
	Encoder Layers	4	4	4	4
	Decoder Layers	4	4	4	4
Hyperparameter	Sampling Steps	10	10	10	10
	TVP batchsize	4	4	4	4
	Policy batchsize	76	64	128	128
	Epoch nums	12	30	30	40
	Learning rate	$1 * 10^{-4}$	$5 * 10^{-5}$	$1 * 10^{-4}$	$1 * 10^{-4}$

Table 10. Hyper-parameters in the Video Prediction Policy (VPP).